



Chelation

GET THE LEAD OUT!

The world we live in continues to become more and more toxic every day — from the food that we eat and the water we drink, to the environment in which we live. One of the main types of toxins we are exposed to are heavy metals.

While we have a certain amount of heavy metals in our bodies naturally, having an excess amount is toxic, and causes sickness — sometimes chronic. From a lack of nutrition to a mass amount of toxic environmental exposure, our bodies fail to expel these toxins.

You can then understand why you might not have the energy you should, or use to. Or why you get sick all the time; why your back and knees hurt; why it's harder to breathe; why your eyesight is failing. Your body just wears out much faster, and you can start to develop more worrisome “symptoms”:

- Tiredness
- Pains
- Angina (heart pain)
- Stroke
- Gangrene

There are many reasons why this happens:

1. The air you breathe is polluted.

2. You drink water contaminated with chemicals, metals, and acids.
3. Over the last century, there has been a 30% – 50% decline in the nutrient content of the food you eat.
4. Your exposure to pesticides and chemicals.
5. Your exposure to toxic metals (it more than you might think).
 - Lead: from gasoline, paint, batteries
 - Mercury: amalgam fillings, fish, paint
 - Arsenic: old residues from crop sprays and rice
 - Cadmium: cigarettes, tires, plating on metals
 - Aluminum: cooking ware, aluminum foil, antacids, liquid cheese

Unless you live in a bubble somewhere, heavy metals are toxifying your body, hindering your body's immune system and its ability to repair itself. You need to flush them out by:

1. Eating a more wholesome diet by consuming raw foods and taking supplemental vitamins and minerals.
2. Avoid pollution, including cigarettes, alcohol, and especially medications

3. Expel the pollutants that are already in your body.

Eating better and trying to avoid external pollutants is obvious, but how do you expel the pollutants and poisons that are already in your body?

One of the best formulas is an amino-acid called Ethylene Diamine Tetraacetic Acid (EDTA), often referred to as Chelation Therapy. It was used in the 1940's to remove lead from the body. However, patients reported that other conditions, like angina (heart pain), was disappearing.

Chelation Therapy is thought to improve health by biochemically improving the harmony in your body. It is amazing because it:

- is safe and effective
- draws out toxins, metabolic waste, unnecessary and toxic metals from the bloodstream
- increases and restores proper blood circulation to the tissues of the body.
- can ease the discomfort and disability from a degenerative disease

- reduces internal inflammation caused by free radicals—which can help prevent angina, heart attacks, strokes, hypertension, reverse gangrene
- can improve memory, eyesight, hearing, smelling, vigor, and stamina
- can enhance breathing capacity and function for sufferers of lung conditions

The long and short of it is: Chelation Therapy cleans out the body, then tunes it up. It is given intravenously and travels in the blood through your entire body, where it causes the many changes and benefits to occur, then it is passed out through the kidneys within 24 hours.

One benefit from Chelation Therapy is that it removes calcium (the hardening agent) from blood vessel walls, reversing “hardening of the arteries.”

It all sounds great, but now what? It isn't enough for you to only know of Chelation Therapy helping your medical and health problems, you must act on this information for it to be helpful. We will be glad to give you much more information upon request.

FOODS THAT CHELATE

PECTIN

Found in the rinds of various fruits and vegetables, has been found to chelate heavy metals and other contaminants from the blood stream.



PARSLEY

Extremely effective when it comes to removing mercury from the body.



CILANTRO

An excellent food for removing heavy metals such as mercury, aluminum, and lead from the body.



CRUCIFEROUS VEGETABLES

Contains antioxidants that increase the production of detoxifying enzymes in the body



SULFUR-RICH FOODS

Helps your body eliminate heavy metals such as lead.

